



SCRABO STRIDERS

Code of Conduct for Members

These guidelines have been produced by Scrabo Striders Running Club after consulting with UK Athletics and Athletics NI.

The club is committed to its members having the right to enjoy athletics in a safe environment free from threat of intimidation, harassment and abuse. Members have a responsibility to oppose discriminatory behaviour and promote equality of opportunity and the club will deal with any incidence of discriminatory behaviour seriously according to club disciplinary procedures.

Senior Members are required to:

- Abide by the club constitution and rules of athletics upholding high standards of equality, fair play and sportsmanship
- Respect the rights, dignity and worth of every person and treat everyone equally within the context of athletics regardless of age, ability, gender, race, ethnicity, religious belief, sexuality or social/economic status
- Be courteous to other park users during training sessions
- Avoid actions that may bring the club into disrepute during competitions
- Ensure their club fees are up to date as this will ensure Athletics NI registration and eligibility to compete
- Anticipate and be responsible for their own needs including having the appropriate equipment and being on time
- Show respect and never overtly criticise officials, coaches or volunteers
- Avoid swearing and the use of abusive language and irresponsible behaviour. This is also relevant when using the club's social media outlets
- Wear club colours in competitions
- Avoid training when feeling unwell or injured
- Always warm up and cool down as advised by the coach
- Never take any prohibited substances
- Not consume alcohol or illegal substances when training or competing
- Always ensure safety guidelines for both track and field events issued by Scrabo Striders Running Club coaches are upheld
- Avoid carrying/wearing items that could be dangerous to yourself or others, for example sharp keyrings or loose jewellery

Parents of Junior Members are required to:

- Ensure you know where training is taking place and at what time it starts and finishes
- Be aware of who the Welfare Officer is within Scrabo Striders Running Club if they need to discuss any concerns regarding child protection and safeguarding